

Free/Reduced meal applications are available throughout the year.

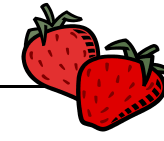
**CLARKSTON SCHOOL DISTRICT
Food Service Department**

This institution is an equal opportunity provider and employer
Menu may change as needed

WEEKLY MENU

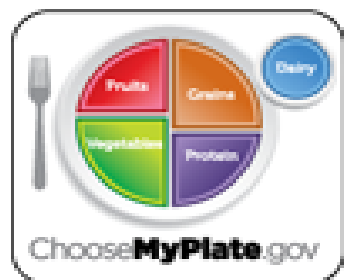
2 WEEK CYCLE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soft Cereal Bar or Cereal Cheese stick Fruit and Juice Milk Choices (1-6, 1-20)	Pancakes or Cereal Sun Butter Fruit and Juice Syrup Milk Choices	English Muffin Sausage Patty or Links Fruit and Juice Milk Choices	French Toast Sticks Egg Patty Fruit and Juice Syrup Milk Choices	Cinnamon Roll Yogurt Fruit and Juice Milk Choices
Muffin or Cereal Cheese Stick Fruit and Juice Milk Choices(1-13, 1-27)	Cereal Bar or Cereal Egg Omelet Fruit and Juice Milk Choices	Biscuit w/ Sausage Gravy or Jelly Fruit and Juice Milk Choices	Cheese Filled Breadstick Hashbrown Patty Fruit and Juice Milk Choices	Fruit and Yogurt Parfait (Strawberries, Blueberries, Granola & Vanilla Yogurt) Cereal & Juice Milk Choices



JANUARY, 2020 - LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MyPlate is a reminder to find your healthy eating style and build it throughout your lifetime. Everything you eat and drink matters. The right mix can help you be healthier now and in the future.				
No School 6	Cheesy Toast Tomato Soup Green Beans Fruit Craisins Milk Choices	Cheeseburger Baked Beans Broccoli w/ Dip Banana Milk Choices	Teriyaki Beef Dippers Baked Potato Seasoned Carrots Fruit Cup Fresh Baked Roll Milk Choices	Beef, Bean & Cheese Burrito Salsa/Sour Cream Tater Tots Chilled Fruit Cocktail Raspberry Churro Milk Choices
Chicken Alfredo Seasoned Peas Garbanzo Bean Salad Apple Slices Milk Choices	Chicken Burger Lettuce/Tomato Tater Tots Fresh Fruit Milk Choices	Sloppy Joe Steamed Broccoli Fresh Fruit Fruit Crisp Milk Choices	Turkey Gravy & Potatoes Seasoned Carrots Fruit Cup Fresh Baked Roll Milk Choices	Pancakes Egg Patty Celery&Carrots Strawberries Sun butter Milk Choices
No School 20	Chicken Nuggets Parmesan Noodles Marinara Dipping Sauce Seasoned Peas Apple slices Milk Choices	Ham&Cheese Ripper Broccoli & Sweet Red Peppers w/Dip Blueberries Milk Choices	Cheeseburger Lettuce/Tomato Baked Fries Fresh Fruit Milk Choices	Super Nachos Refried Beans Chilled Pears Salsa/NF Sour Cream Milk Choices
Pizza Veggie Tray Pineapple Tidbits Cheese Cracker Milk choices	Chicken Soft Taco Salsa/Sour Cream Brown Rice Diced Tomatoes/Lettuce Raisel Milk Choices	Macaroni and Cheese Seasoned Green Beans Garbanzo Bean Salad Orange Slices Milk Choices	Cheesy Toast Tomato Soup Seasoned Carrots Banana Craisins Milk Choices	Orange Chicken Noodle Chow Mein Veggie Tray Mandarin Oranges Milk Choices



NO SCHOOL - JANUARY 20, MARTIN LUTHER KING DAY

*Schools with salad bars will have the same entrée, but may have different fruit and vegetable options

**All grain products are whole grain rich.

LMS - Deli Sandwich available daily.



Milk Choices May Include:

1% White, Non-Fat Chocolate, and Non-Fat Strawberry

CELEBRATE BREAKFAST!!! EAT BREAKFAST AT SCHOOL FOR A VARIETY OF CHOICES.