

Free/Reduced meal applications are available throughout the year.

**CLARKSTON SCHOOL DISTRICT  
Food Service Department**

This institution is an equal opportunity provider and employer  
Menu may change as needed

**WEEKLY MENU**

**2 WEEK CYCLE BREAKFAST MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Bagel w/ Cream Cheese</b> Cheese Stick Fruit and Juice  Milk Choices (9-30,10-14,10-28)	<b>Pancakes or Cereal</b> Sun butter Fruit and Juice Syrup Milk Choices	<b>English Muffin</b> Sausage Patty or Links Fruit and Juice  Milk Choices	<b>French Toast Sticks</b> Egg Patty Fruit and Juice Syrup Milk Choices	<b>Cinnamon Roll</b> Yogurt Fruit and Juice  Milk Choices
<b>Muffin or Cereal</b> Cheese Stick Fruit and Juice  Milk Choices(10-7,10-21)	<b>Cereal Bar</b> Egg Omelet Fruit and Juice  Milk Choices	<b>Biscuit w/</b> Sausage Gravy or Jelly Fruit and Juice  Milk Choices	<b>Breakfast Pizza or Cereal</b> Fruit and Juice  Milk Choices	<b>Fruit and Yogurt Parfait</b> (Strawberries, Blueberries, Vanilla Yogurt&Granola) Cereal & Juice Milk Choices



**OCTOBER, 2019- LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Stuffed Pizza</b> Veggie Tray Pineapple Tidbits Craisins  30 Milk Choices	<b>Hot Dog on a Bun</b> Baked Beans Broccoli Florets w/Dip Fresh Fruit  1 Milk Choices	<b>Spaghetti w/Meat Sauce</b> Green Beans Chilled Peaches Fresh Baked Breadstick  2 Milk Choices	<b>Teriyaki Beef Dippers</b> Baked Potato Seasoned Carrots Fruit Cup Fresh Baked Roll Milk Choices  3 Milk Choices	<b>No School</b>  4
<b>Cheeseburger</b> Baked Beans Tossed Green Salad Mixed Fruit Salad  7 Milk Choices	<b>Ham &amp; Cheese Ripper</b> Marinara Sauce Broccoli w/ Dip Banana  8 Milk Choices	<b>Corn Dog</b> Fresh Fruit Fresh Vegetable Ice Cream Bar (LMS only)  9 Milk Choices	<b>Pepperoni &amp; Cheese Calzone</b> Seasoned Curly Fries Fresh Vegetable Fresh Fruit (LMS only)  10 Milk Choices	<b>Chicken Burger</b> Pasta Salad Fresh Vegetable Fresh Fruit (LMS only)  11 Milk Choices
<b>Chicken and Noodles</b> Veggie Tray Sliced Apples Honey Corn Biscuit  14 Milk Choices	<b>BBQ Chicken on Flatbread</b> Seasoned Corn Baked Beans Orange Wedges  15 Milk Choices	<b>Sloppy Joe</b> Steamed Broccoli Fresh Fruit Applesauce Cake  16 Milk Choices	<b>Turkey Gravy &amp; Potatoes</b> Seasoned Carrots Fruit Cup Fresh Baked Roll  17 Milk Choices	<b>Pancakes</b> Egg Patty Celery & Carrots Sun Butter Strawberries  18 Milk Choices
<b>Pizza</b> Veggie Tray Pineapple Tidbits Cheese Cracker  21 Milk choices	<b>Chicken Soft Taco</b> Brown Rice Diced Tomatoes/Lettuce Salsa/Sour Cream Raisels Milk Choices	<b>Orange Chicken</b> Noodle Chow Mein Veggie Tray Mandarin Oranges  23 Milk Choices	<b>Cheesy Toast</b> Marinara Sauce Seasoned Corn Banana Craisins Milk Choices	<b>Super Nachos</b> Refried Beans Chilled Pears Salsa/NF Sour Cream  25 Milk Choices
<b>Teriyaki Chicken</b> Brown Rice Seasoned Corn Tossed Green Salad Apple Slices Milk Choices	<b>Italian Meatball Sub</b> Mozzarella Cheese Seasoned Peas Fruit Cheese Cracker Milk Choices	<b>Macaroni and Cheese</b> Green Beans Garbanzo Bean Salad Orange Slices  30 Milk Choices	<b>Mummy Wraps (Mini Corn dogs)</b> Carrot and Pepper Fingers Frozen Boo Berries Trick or Treat Milk Choices	<b>White Chicken Chili</b> Shredded Cheese Broccoli w/Dip Applesauce Cinnamon Roll Milk Choices



**OCTOBER 4, NO SCHOOL - PROFESSIONAL DEVELOPMENT DAY**

**OCTOBER 9, 10, 11, NO SCHOOL ELEMENTARY SCHOOL ONLY - CONFERENCES**

\*Schools with salad bars will have the same entrée, but may have different fruit and vegetable options

\*\*All grain products are whole grain.

LMS - Deli Sandwich available daily.



**Milk Choices May Include:**  
 1% White, Non-Fat Chocolate,  
 and Non-Fat Strawberry

**CELEBRATE BREAKFAST!!! EAT BREAKFAST AT SCHOOL FOR A VARIETY OF CHOICES.**